



The 4th recipient of the New York Labor Health Care Alliance Lifetime Achievement Recognition has served multiemployer plans, their participants and sponsoring organizations for more than 42 years, spanning a broad spectrum of roles. In January 2017 he assumed his current position as an independent consultant and head of **DeFrehn and Associates LLC**

It is with great gratitude that we honor our good friend Randy DeFrehn!

While Randy is best known for his tenure as Executive Director of the National Coordinating Committee for Multiemployer Plans (NCCMP) where he spent over sixteen years as the community's lead advocate and chief spokesman on matters of public policy, his prior experience as administrator of national pension and health and welfare plans in the U.S. and Canada, an employee benefits consultant, and a registered investment advisor provided him with a unique breadth of experience that enabled him to so ably serve our plans and their participants throughout his career. His service has been recognized by his peers. Among the highest profile designations, he was named by *Institutional Investor Magazine* as a member of their *Pension 40*, described as a listing of "the 40 most influential people in the battle to decide the future of U.S. pensions" in each of the three years their designation was published. Randy also received the International Foundation of Employee Benefit Plans prestigious *2015 Public Service Award* which recognizes an individual's contribution and concern for others through the advocacy and advancement of employee benefit plans.

The NYLHCA would like to thank Randy for his 42 years of advocating for the interests of all participants we represent and honor him with the 4th Annual Lifetime Achievement Recognition.



Stephen O'Sick
300 Centre Drive
Albany, New York 12203

4th Annual NYLHCA Benefit Seminar & Golf Tournament at the Turning Stone Resort & Casino

Thursday, September 20, 2018 8:00 AM

YOU ARE INVITED!
Complimentary for Administrators & Trustees

- *Educational Seminar*
- *Golf Tournament or treatment at the Turning Stone Spa*
- *Dinner*
- *Prizes*
- *Lifetime achievement award*

- *NYLHCA Quarterly & Annual Meetings on Wednesday, September 19, 2018 at 3pm.*
- *Dinner to follow.*



The NY Labor Health Care Alliance was founded in 1993 as a purchasing cooperative which negotiates, on behalf of member funds, preferred pricing for health care and related benefits.

The New York Labor Health Care Alliance provides a forum for Fund Managers and Trustees to share best practices and to discuss relevant health care issues which impact directly on our participants and their families.

The NYLHCA is committed to the principles of the American Labor Movement and is comprised of only Union sponsored health care plans and is committed to providing a voice for workers and their families on all health care matters such as quality of care, cost, appropriate and efficient delivery of benefits, public policy and most important, continued progression of our Health Plans.

You are cordially invited to the 4th Annual NYLHCA Benefit Seminar & Golf Tournament on Thursday, September 20, 2018 at the Turning Stone Resort & Casino. The benefit seminar will feature expert speakers in the industry. An afternoon of golf or a relaxing spa treatment will follow and the night will conclude with a reception & dinner complete with awards, prizes and lifetime achievement presentation. In addition, you are invited to attend the NYLHCA Quarterly & Annual Meetings on Tuesday, September 19, 2018 beginning at 3pm also at Turning Stone Resort.

There is no fee for the benefit seminar, golf tournament, spa treatment or awards dinner and the invitation is extended to all Trustees of your Fund however space is limited so register now! In addition, your spouse is invited to attend the reception and dinner the night of September 20, 2018.

Club rentals are available for the golfers but if you are more of a Spa person, please contact Stephen O'Sick when you sign up for the event at 518-258-4066 or sosick@baclocal2ny.com to make the proper arrangements.

Hotel Information

The Turning Stone Resort & Casino, located at 5218 Patrick Road, Verona, NY 13478, is offering a group rate of only \$179 per night in the Tower or \$269 in the Lodge. Please make your reservations by calling 1-800-771-7711 and identify yourself as being with the NY Labor Healthcare Alliance. Again, space is limited and all rooms will be released on **August 27, 2018**.

PROGRAM: SHENENDOAH CLUBHOUSE (upstairs)

- 7:30 am Registration / Breakfast**
- 8:15 am Program begins / introductions**
- 8:30am Cybersecurity in Employee Benefit Plans**
 - Understanding the scope of the problem
 - Fiduciary responsibility
 - Role of Administrators, Trustees & Plan Professionals
 - What to do if our Fund has a breach?
 - Best Practices

James W. Versocki, Esq., Archer, Byington, Glennon & Levine, LLP.

Thomas DeRoche, Director Educational Programs, International Foundation of Employee Benefit Plans

- 9:15 am The Opiate Crisis**
 - Scope of the opioid crisis
 - Understanding the addiction
 - Medication Assisted Treatments
 - Government Response
 - What can out Funds do?
- Nicole Browning, Clinical Director, National Council on Alcoholism & Drug Abuse*
Stephen J. O'Sick, Fund Administrator, BAC Local 2NY Joint Benefit Funds

10:00 am Break

- 10:15 am Legal Update**
 - Recent Benefits Litigation
 - Air Transport Claims
 - ACA Status
 - Claims & Appeals
 - Mental Health Parity
- Daniel R. Brice, Partner, Blitman & King, LLC*

- 11:00 am Washington Report – Update on issues impacting multiemployer plan under consideration before Congress**
 - Health care debate rolls on
 - ACA – 40% excise tax
 - “Skinny Plans” in the marketplace
 - Outlook for lame-duck session
 - Joint Select Committee – multiemployer Pension Plan solvency
- Katherine Hesse, Partner, Murphy, Hesse, Toomey & Lehane, LLP*

- 11:45 am Closing remarks**
- 12:00 am Lunch provided (optional round table discussion)**
- 12:30 pm Golf Registration - Kaluhyat Golf Club**
- 1:30 pm Shot gun start - Kaluhyat Golf Club**

(Golfers will have time to change for reception/dinner – locker rooms are available)

RECEPTION/DINNER – MOHAWK ROOM (main complex)

- 7:00 pm Hors D'Oeuvres**
- 8:00 pm Reception / Dinner (business casual attire)**

Space is limited – register now!

Contact Name: _____ Affiliation: _____

Phone #: _____ e-Mail: _____

Names:	September 19, 2018		September 20, 2018	
	NYLHCA Meetings	Dinner	Seminar	Golf or Spa
1				Dinner Reception
2				
3				
4				

Please 'x' all applicable boxes for attendance

*For spa details and or if your spouse is interested in attending the reception & dinner on September 20, 2018 please contact Stephen O'Sick for details at 518-258-4066 or sosick@baclocal2ny.com

NYLHCA quarterly & annual meetings begin at 3pm on Wednesday, September 19, 2018. Dinner will follow and spouses are welcome.

The Seminar on September 20, 2018 begins at 8am. There is an optional round table discussion during lunch for those that wish to discuss any issues impacting your Funds. Golf shot-gun start (4-person scramble) at 1pm.

Please complete and return to Stephen O'Sick, 300 Centre Drive, Albany, NY 12203 or e mail above

If additional names are needed, please list on a separate sheet of paper.

Please remember a limited number of rooms are available at a group discount – room block ends 8/27/2018.

Turning Stone Resort & Casino (reservations) 1-800-771-7711.